

## Tri-State Tries To Beat Heat

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**CINCINNATI --** People all over the Tri-state are doing everything they can to escape the sweltering heat.

High temperatures are expected to reach into the mid-90s through Friday, and older people and children are especially vulnerable to heat-related illness.

Booker Wallace said he slept on the front porch of his Corryville home for two nights because his old fan was ineffective against the heat.

He got a new window-unit air conditioner over the weekend, and the Community Action Agency distributed more than 400 fans and 800 air conditioners to those who qualify.

"Some of our young people we had to turn away, but the seniors, if I get a chance to make contact with them and look into their situation, we're going to try to help them," said Herbert Walker of Community Action Agency.

Medical professionals cautioned Tri-state residents about the importance of hydration and checking on elderly neighbors, especially those who live alone.

Hospitals have reported few cases of dehydration, and medical professionals said they're doing what they can to keep the list from growing.

"I know most athletic teams are very good about providing fluids and rest and practicing at different times of the day such as early in the morning or late afternoon, but that is an area that we do get concerned about the longer it goes on," said Dr. Alexander Trott of University Hospital.

One popular way to beat the heat carries risks of its own as temperatures soar.

### [Heat Increases Bacteria Risks For Pools](#)

High temperatures can increase the risk of bacterial infections in swimming pools, officials said.

"Even in the swimming diapers, just keeping an eye on them and try to change, putting a clean one on them, after an hour or so," said parent Laura Hefley.

Public swimming pools are required to maintain certain chlorine levels with regular checks, and higher chlorine levels and circulated water help keep down bacteria levels.

"We do it every two hours so we see if it starts dropping below what I want it to be at, (and) we can go down there turn it up to remedy it, get it right back up where it needs to be," said Linda Reynolds of Sharonville pool.

Officials said increased circulation and a clean filter can help reduce bacteria, and so can regular cleanings of the

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 **Video: Elderly, Children At Risk From Sweltering Heat**

floor and walls of swimming pools.

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